

A progression pathway that will enable adults to obtain a permit to lead hillwalking activities in terrain 1 and terrain 2.

It is expected that applicants will have read, understood and can demonstrate the principles and techniques contained in the mountain leader training handbook entitled "hillwalking".

**Terrain 1:** Below 800 metres, but more than 500 metres above sea level; or is more than 30 minutes, but less than three hours travelling time from a road/track upon which an ambulance could travel. Does not contain areas of mountainous steep ground where scrambling (regularly using hands for balance) or the use of a confidence rope may be required.

**Terrain 2:** Over 800 metres above sea level; or more than 3 hours from a road/track upon which an ambulance could travel. May contain areas of steep ground where scrambling and the use of a confidence rope may be required (excludes climbing activities). Additionally note that groups taking part in terrain 2 activities must have immediate access to someone holding a relevant and current full First Aid Qualification (two-day course).

## Log book of hillwalking experience:

It is recommended that applicants should have at least 20 days of personal experience of walking in terrain 1 (or terrain 2) prior to assessment for a terrain 1 permit and at least 20 days of personal experience of walking in terrain 2 prior to assessment for a terrain 2 permit. A digital logbook is available through Mountain Leader Training at: <u>http://www.mountaintraining.org/candidate-management-system/digital-logbook</u> or the Scout Association logbook for hillwalking can be found at: <u>https://members.scouts.org.uk/documents/activities/hillwalking\_log.doc</u>. Applicants for either T1 or T2 should have experience of leading groups of young people. Applicants for terrain 2 should already have experience of light weight camping in mountainous terrain. All applicants should be confident and competent in all weather conditions.

## Hill and Moorland Leader Award:

Applicants holding the Hill and Moorland Leader Award (run by Mountain-Training) may progress directly to assessment for a terrain 1 permit.

## Mountain Leader Award:

Applicants holding the Mountain Leader Award (run by Mountain-Training) may progress directly to assessment for a terrain 2 permit.

An infographic overview of how mountain leader training and the Scout permit scheme relate to one another can be found at: <u>http://www.mountain-training.org/campaign/scouts-infographic</u>.

