### **Suffolk County Scout Council**

Registered Charity number 305682

### **County Mountain Activities Team**

Event Administrator: Lucy Waller 3a The Street, Cavenham, Bury St Edmunds, Suffolk, IP28 6DA 01638 552361 / 07711 366215 lucywaller027@btinternet.com



# Yorkshire Dales Walking & Climbing event based at Hornby Laithe, Stainforth, near Settle, North Yorkshire,

## Saturday Sept 19<sup>th</sup> to Sunday Sept 20th 2015 (arriving Friday night 18<sup>th</sup>)

- For Scouts (minimum age 11 years at 01/09/2015) Explorer Scouts, Network and Leaders, Assistant Leaders, Section/Unit Assistants and other approved adults.
- > Scouts should ideally be accompanied by a Troop Leader or approved adult. There are a limited number of places available to unaccompanied Scouts and bookings will be accepted at the discretion of the organising Team.
- The activities on offer will be hill walking, rock climbing/abseiling and caving. The activity level will be tailored to the ability and experience of those attending.
- Caving is being run by Yorkshire Dales Guides. We have booked 2 sessions of 3 hours for Saturday 19<sup>th</sup> September. Each session can contain 8 Scouts / Explorers and 2 Leaders. Spaces for Caving will be allotted to those who submit their forms first.
- Cost £35.00 per person + £11 each for caving option
- > Covers the cost of accommodation for two nights, breakfast Saturday and Sunday and packed lunch both days and an evening meal on Saturday and refreshments.
- ➤ There is a limit of 50 places for indoor accommodation camping is not available.
- Transport Units and Groups to make their own arrangements.
- Kit See list overleaf.
- ➤ InTouch information Groups/Units may arrange their own home contact but due to the adventurous nature of the activities offered by the Team we maintain a central Home Contact and all enquiries to the Team during the Event should be routed through this person.
- The Event Team will also convey any necessary information to individual Group/Unit contacts and/or parents/carers during the Event through the central Home Contact Roger Dann 01206 395285 / 07778 463172 catt-explorers@outlook.com

**What next!** Fill in the application and send with a cheque payable to SUFFOLK COUNTY CLIMBING TEAM to Lucy Waller, 3a The Street, Cavenham, Bury St Edmunds, Suffolk, IP28 6DA **as soon as possible** and by no later than Saturday August 29th 2015. There will be no refunds for cancellations after this date unless the Team can allocate places to another participant.

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### Saturday Sept 19<sup>th</sup> to Sunday Sept 20th 2015 (arriving Friday night 18<sup>th</sup>)

#### **General Kit List:**

Rucsac/bag (including a daysac), sleeping bag, nightwear, waterproof outer garments, warm sweater/fleece, T-shirt or similar (quick drying thermal / football shirt type material), shorts/trousers (not jeans), underclothes, socks, hiking boots with ankle support, indoor shoes/trainers, hat, gloves, washing kit, towel, swimming trunks, hankies, personal first aid kit, torch/batteries and whistle, plate, bowl, cutlery, mug, tea towel. Map case and 'silva' type compass. Pencil and small note-book or pad.

Please note this is the **minimum** amount of kit required for this type of event.

Outdoor clothing and footwear must be suitable for the weather conditions that may be experienced when taking part in these activities in a hill or mountain environment.

Extra kit list for caving – Warm clothing, trousers (not jeans), 2 pairs long socks, spare underwear, 2 layers upper body wear (eg sweatshirt / pullover/ fleece/fibre pile etc at least one should have full length arms. Towel + hat, gloves, scarf/ snood if cold weather (NB caving oversuits, helmets, lamps, belts and all safety gear provided by Yorkshire Dales Guides)

Leaders may wish to check OS Maps OL2 for possible route planning

All activities will be run in accordance with the Scout Association Rules. No responsibility for personal equipment, clothing and effects can be accepted by the Event Organisers and the Scout Association **DOES NOT** provide automatic insurance cover in respect of such items. This includes mobile telephones and participants will be encouraged to turn off phones during the event and only use in an absolute emergency.

#### **DATA PROTECTION ACT 1984**

To comply with section 33, sub-section 3 the County Climbing Team Secretary requires your agreement to holding your personal data on a computerised database for the purpose of distributing, or recording the distribution of, articles or information to the data subjects and consisting only of your name, address or other particulars necessary for the effecting the distribution. If you do not agree please put X in the box at the bottom right hand corner of the page. Your details will not be released to any third party.

**Activity programme:** as a team we try to ensure all participants have the opportunity to take part in all the activities offered at each event; for this weekend, hill walking, rock climbing and caving (extra charge of £11)

Please indicate at the lower section of the information form overleaf which activities you wish to take part in. Depending upon overall numbers all those attending may be requested to take part in both activities during the weekend.

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<u>Please note: all participants to complete all sections of this form.</u> It gives authority for the Event Leader to sign on your behalf any papers needed by the Medical Authorities in case of emergency treatment.

Leaders/Parents - Please ensure these forms are complete before sending in applications.

It is with regret the Team have decided that due to the high number of incomplete forms being received and the time consumed in retrieving this information that in future bookings will only be accepted upon receipt of application forms containing all the information required for the welfare of all participants.

Please reserve one place for on the <b>Hornby Staithe 2015 even</b> I would like to take part in caving yes / no (please note I enclose a cheque for £ (£35 weekend and £11 caving Name:	e extra kit list and information required below)
Address:	e-mail:
Postcode:	Telephone:
National Health Service Number:	Date of Birth:
Date of last Tetanus injection:	Medicines currently being taken:
Are you allergic to anything (eg aspirin, antibiotics, particular drugs or f	ood?), if so please give details:
Do you have any special dietary needs?	
Do you have any mobility difficulties?	
Name and address of family doctor:	
Telephone number	
During the event (if not at home, ie holiday etc) my can be	e contacted at:
Name: (of parent/carer, relative, family friend)	
Telephone number (Landline please)	
Address: (of parent/carer, relative, family friend)	
I will inform you if she/he/I has/ or have been in contact with any interpretation becomes necessary for to receive medical treatment and authorise this, I hereby give my general consent to any necessary meters, to sign any document required by the hospital authorities.	d I cannot be contacted by telephone, or any other means to
Extra information required for those who would like to do caving:	
Shoe size Height	
Build	Data
Signature	uate
Note: The medical profession takes the view that the parent's/carer's c	onsent to medical treatment cannot be delegated. This view

Note: The medical profession takes the view that the parent's/carer's consent to medical treatment cannot be delegated. This view is explicit in the Children's Act 1989. Thus medical consent forms have no legal status and a doctor or nurse insisting on the consent of a parent/care has the right to so. For this reason we do not recommend that Leaders insist on parents/carers signing the statement above. However, it can be a comfort to medical staff to have general consent in advance from parents/carers or to have a Leader on hand able to sign forms required by the medical authorities.

Please state (briefly) hill walking experience ie area, frequency and whether your wish to lead or assist in leading a walking group:

and rock climbing experience ie area/crags:

or if new to rock climbing experience on climbing towers and/or walls: