**Suffolk Scouts- Remote Country First Aid Training**

**Bramford Guide and Scout HQ Ship Lane IP8 4AL December 2-3 2023 starting at 9am promptly each day**

Suffolk Scouts County Mountain Activities team have arranged this first aid training weekend for anybody who is involved in adventurous activities in remote and wild country.

The course has 16 hours of training and practice and meets the requirements for the UK Mountain Leader, Walking Group Leader, Hill & Moorland Walking leader awards etc as well as British Canoeing Coaching Awards. It also fulfils the first aid requirements for any adult holding a Scouting appointment. Attendance on both days is mandatory.

The course will be delivered at Victory Hall, Bramford Guide and Scout HQ, Ship Lane, Bramford. For Sat Nav users this post code: **IP8 4AL**

* Google Maps <https://maps.app.goo.gl/sky5NQXZJmuKAp2R8>
* What Three Words <https://what3words.com/stops.spirit.hers>

Hot drinks and biscuits will be available throughout the day, but please bring your own lunch. The course will finish at approximately 17.00 each day.

Note that although the course is based indoors, a number of scenarios and practice incidents will be set up outside. Please ensure that you bring appropriate clothing and footwear to keep you warm and dry.

**To confirm your place on the training weekend** please complete the form below and make payment £45 (the course is subsidised from county funds) and return to event organiser by email or post.

Event organiser is Andy Black Contact e-mail: [cmatevents@suffolkscouts.org.uk](mailto:cmatevents@suffolkscouts.org.uk)

Our preferred payment method is GoCardless and on receipt of the form below, you will be set up for payment. **Note** that we use Online Scout Manager (OSM) to manage the event. NB we will store details in OSM to notify you of future events.

If you can’t pay by GoCardless the BACS details are as follows:

Account Name: CMAT  
Sort code: 20-22-67  
Account number: 80095664   
using the following reference... FA23xxxx, replacing xxxx by the first 4 letters of your surname.

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| Name |  |
| Contact Address |  |
| Scout Appointment: |  |
| Group/District: |  |
| Scout Membership no. |  |
| Contact phone number |  |
| Contact Address |  |
| Contact e-mail address: |  |