



Suffolk Scouts- Pathways to Permits

Dinghy sailing (B1 waters)

A progression pathway that will enable adults to obtain a permit to lead dinghy sailing on B1 waters. The pathway to gaining a dinghy leadership permit for B1 waters requires high levels of commitment, but it is very possible to fit the training around existing commitments.

Once a B1 leadership permit has been gained, individuals can go on to work towards permits for higher graded waters by gaining the appropriate Royal Yacht Association qualifications

Class B1 - sheltered inland waters and other sheltered water where currents and tides create no real danger.

Class B2 - the sea up to one mile from the shore, but excluding more dangerous waters close inshore; more sheltered parts of estuaries; large inland lakes and lochs.

To lead groups of dinghy sailing, individuals must complete Dinghy Instructor training with the RYA.

- Minimum age 16;
- Valid first aid certificate - [click here for a list of acceptable first aid certificates.](#)
- RYA Powerboat Level 2 certificate;
- RYA [Safe & Fun safeguarding certificate](#) and pre-course work completed (accessed within the Safe & Fun course)
- Pre-entry sailing assessment completed within 1 year prior to the instructor training course.



Pre-entry assessment* (P.T.O.)

Before being accepted into an instructor training course, candidates need to pass an assessment of sailing skills. *Full details and description are in G14 National Sailing Scheme Instructor Handbook.*



Training

Training in teaching techniques afloat and ashore is provided during the instructor training course, which is staffed by RYA Coach/Assessors. The course will be based on a five-day week or 50 hours, but may take the form of a number of weekends, single days or sessions. Courses run on a protracted basis may take slightly longer than 50 hours to allow for revision time.

***Pre-entry assessment**

Before being accepted into an instructor training course, candidates need to pass an assessment of sailing skills. Full details and description are in G14 National Sailing Scheme Instructor Handbook.

Candidates should be able to complete the complete tasks, such as those listed below, sailings at all times with an awareness of the 'five essentials', and confirming they can sail in a controlled and confident manner, showing consideration for preparation, communication, approach and execution, at all times.

During the assessment the candidate will be asked to complete the following:

- Sail around a triangular course of 100m (minimum) legs to the best of their ability using all the boat's normal equipment, including spinnaker if carried.
- Sail a tight circular course around a stationary boat, making only one tack and one gybe.
- Sail a 'follow my leader' course behind another boat. The course may include all points of sailing and may be behind another sailing dinghy or behind a powered boat.
- Pick up a man overboard dummy; the boat to be stopped and more than one attempt should not be needed.

You may also be asked to complete some of the following:

- Sail without a rudder, or with the tiller on a loose elastic around a triangular course. You will be expected to make good progress around the course in a seamanlike manner (not applicable to keelboat or multihull instructor candidates).
- Lee shore landing and departure
- Anchor or pick up a mooring - wind against tide (if appropriate)
- Come along-side a moored boat - wind against tide (if appropriate) Recover a capsized dinghy and sail away (not keelboats)

Details of Pre-entry assessment days and Instructor courses can be found on the RYA website:

<http://www.rya.org.uk/coursestraining/coachestrainersinstructors/instructors/Pages/dinghykeelboatmultihullinstructors.aspx>