

## Adults have-a-go day

Sunday 23<sup>rd</sup> September 2018, 10am-3pm

## Sailing, bell boating, rafting, canoeing, kayaking, paddle boarding at Lackford Lake



Want to find out more about the opportunities available in Suffolk to take part in and develop skills in water activities...?

Want to have fun on the water...?

Want to try an activity you haven't done before...?

...Then we want to hear from you!

To book to attend, please follow the link below and register your details...



https://goo.gl/forms/j9HQwVGrjS2TshfU2

Please book by 20<sup>th</sup> September